



ROCKLANDS CENTRE

SIMON'S TOWN

Dedicated to Christian camping under the stewardship of the Rocklands Campsite Trust

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SUGGESTED KIT LIST

We are glad you will be camping at Rocklands Centre, a quality residential campsite in Simon's Town, near Cape Point, South Africa.

The centre is right next to the coast, in the lee of the Swartberg mountain range. This means that the sun sets early and it is often windy. It can therefore get quite cold.

Compulsory	<input checked="" type="checkbox"/>	Optional (check with your leader first)	<input checked="" type="checkbox"/>
Old clothes that can get dirty	<input type="checkbox"/>	Bible, notebook and pen	<input type="checkbox"/>
Strong trainers/shoes that can get dirty	<input type="checkbox"/>	Cutlery and crockery	<input type="checkbox"/>
Wind/waterproof jacket	<input type="checkbox"/>	Money for tuck shop	<input type="checkbox"/>
Pyjamas	<input type="checkbox"/>	Snacks/luxuries	<input type="checkbox"/>
Towel (swim and shower)	<input type="checkbox"/>	Camera	<input type="checkbox"/>
Personal toiletries and suncream	<input type="checkbox"/>	Cell phone	<input type="checkbox"/>
Swim wear (non revealing)	<input type="checkbox"/>		
Bedding (the beds have a bottom sheet)	<input type="checkbox"/>	Prohibited	
Torch with batteries	<input type="checkbox"/>	Alcohol	<input checked="" type="checkbox"/>
Large plastic bag for wet & dirty clothes	<input type="checkbox"/>	Drugs	<input checked="" type="checkbox"/>
Water bottle	<input type="checkbox"/>	Weapons	<input checked="" type="checkbox"/>
Personal medication	<input type="checkbox"/>		

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CAMPER INDEMNITY FORM FOR USE AT ROCKLANDS CENTRE:

The parent, or guardian, by signing this document warrants that he/she has read and understood and agrees to the terms and conditions below:

My child/ward _____ (full name) has my permission to participate in all the activities on the camp (including offsite trips that may form part of the programme).

Although I understand that every care is taken to ensure his/her safety, I am aware that attendance is at their own risk. I hereby agree to indemnify the Rocklands Campsite Trust, the appointed leaders, associates and volunteer staff and to hold them blameless in respect of any liability for any injury, loss or damage or expenses of whatever nature to any person or property howsoever caused.

I also here authorise the organisers to administer appropriate First Aid and to arrange for medical treatment or hospitalisation in case of any emergency.



Contact details of parent/guardian:

Signature _____

Contact number _____

Name _____

Date _____